

**"ECO STICK REVOLUTION": "NATURE'S ANSWER TO  
STRONGER, SAFER GLUES."**

**NATIONAL SCIENCE FAIR RESEARCH PLAN**

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**(GRADE : 5)**



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# Abstract

**Project ID:** NSF-SCH-2025-204

**Project Title:** "ECO STICK REVOLUTION": "NATURE'S ANSWER TO STRONGER, SAFER GLUES."

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This study investigates whether natural materials such as rice starch, tapioca starch, gum arabic, and egg white can be used to make eco-friendly glues that work effectively compared to commercial synthetic adhesives.

Four natural glues were prepared and tested on paper, cardboard, and wood using a weight-pull adhesion test. Results showed that rice starch glue had the strongest adhesive strength among natural types, followed by tapioca starch and gum arabic.

Though synthetic glue performed best overall, the findings show that natural glues are safe, biodegradable, and effective for light applications, making them a sustainable alternative for school and craft use.

# Introduction

Adhesives are essential in schools, packaging, crafts, and daily household tasks. Most commercially available glues are synthetic and made from petrochemicals, which are non-biodegradable and can cause environmental pollution. Modern research has shown that natural adhesives—particularly starch-based and protein-based glues—are biodegradable, non-toxic, and safe for children and the environment (Pizzi, 2003; Shogren, 1996).

Traditional adhesives such as rice starch paste, flour paste, and gum arabic have been used in bookbinding, painting, and crafts for centuries. These natural materials provide promising alternatives to chemical-based glues, especially for light-duty bonding.

This study explores whether commonly available materials—rice starch, tapioca starch, gum arabic, and egg white—can be used to prepare natural glues with good adhesive strength. Their performance is compared with a standard synthetic glue to determine if they can serve as eco-friendly alternatives.

# Hypothesis

Natural glues made from starch and gums will show strong adhesive properties and can act as a sustainable alternative to synthetic adhesives.

# Methodology



## Preparation of Natural glues

### A. Rice Starch Glue

- Mixed rice starch with a small amount of cold water to form a smooth paste.
- Boiled remaining water in a pan.
- Added paste slowly while stirring.
- Heated until thick and gel-like.
- Cooled before use.



### B. Tapioca Starch Glue

- Mixed tapioca starch with  $\frac{1}{4}$  cup cold water.
- Heated  $\frac{1}{4}$  cup water until warm.
- Added slurry slowly while stirring.
- Heated until clear and sticky.
- Cooled and stored.

### C. Gum Arabic Glue

- Dissolved gum arabic powder in warm water
- Stirred until completely dissolved.
- Stored in airtight container.

### D. Egg White Glue

- Separated egg white from yolk.
- Beat lightly until frothy.
- Applied directly as a natural adhesive.
- Four natural glues were prepared using rice starch, tapioca starch, gum arabic, and egg white.
- Each glue was tested on different surfaces such as paper, cardboard, and wood.
- The adhesive strength was measured by weight test or peel test, where the force required to separate two glued surfaces was recorded.





# Variables

## **Independent Variable**

Type of glue used (Rice starch, Tapioca starch, Gum Arabic, Egg white)

## **Dependent Variable**

Adhesive strength measured in grams (g)

## **Controlled Variables**

- Amount of material (2 tablespoons per glue sample)
- Water quantity (250 mL)
- Heating temperature (80–90°C)
- Drying time (12 hours)
- Surface type (paper, cardboard, wood)
- Testing method (weight-pull method)

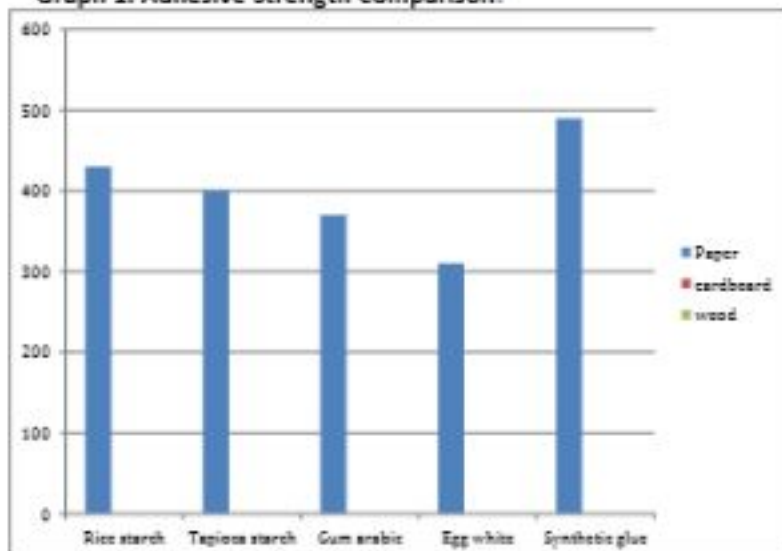
A commercial glue was used as a control group for comparison.

# Tabulation

Table 1: Adhesive Strength Comparison.

| Type of Glue (Natural/Artificial) | Material Used  | Trial 1 Strength (g) | Trial 2 Strength (g) | Trial 3 Strength (g) | Average Strength (g) |
|-----------------------------------|----------------|----------------------|----------------------|----------------------|----------------------|
| Natural Glue 1                    | Rice Starch    | 420                  | 440                  | 430                  | 430                  |
| Natural Glue 2                    | Tapioca Starch | 390                  | 400                  | 410                  | 400                  |
| Natural Glue 3                    | Gum Arabic     | 370                  | 360                  | 380                  | 370                  |
| Natural Glue 4                    | Egg White      | 310                  | 320                  | 300                  | 310                  |
| Commercial Glue                   | Synthetic Glue | 480                  | 500                  | 490                  | 490                  |

Graph 1: Adhesive Strength Comparison.



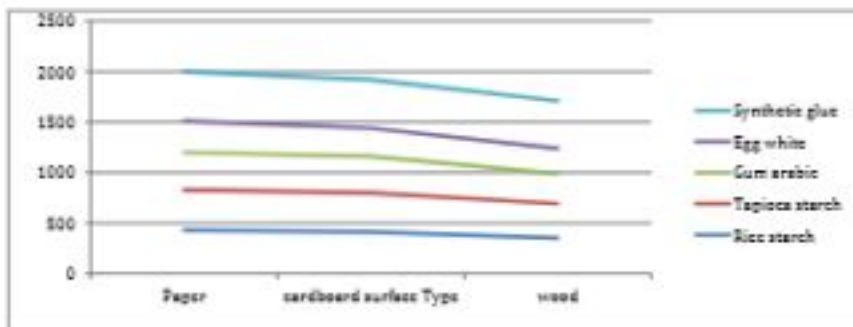
**Table 2: Controlled Variables Monitoring Table**

| Controlled Variables | Value/Condition Maintained   |
|----------------------|------------------------------|
| Amount of material   | 2 tablespoons per sample     |
| Water quantity       | 1 cup (250 mL)               |
| Heating temperature  | 80-90°C                      |
| Drying time          | 12 hours at room temperature |
| Type of surfaces     | Paper, cardboard, wood       |

**Table 3: Adhesion Strength by Surface Type**

| Type of Glue (Natural/Artificial) | Material Used  | Surface Applied | Adhesion Strength (g) | Observations           |
|-----------------------------------|----------------|-----------------|-----------------------|------------------------|
| Natural Glue 1                    | Rice Starch    | Paper           | 430                   | Smooth, strong bond    |
| Natural Glue 1                    | Rice Starch    | Cardboard       | 410                   | Good adhesion          |
| Natural Glue 1                    | Rice Starch    | Wood            | 350                   | Weak on porous surface |
| Natural Glue 2                    | Tapioca Starch | Paper           | 400                   | Smooth finish          |
| Natural Glue 2                    | Tapioca Starch | Cardboard       | 390                   | Flexible bond          |
| Natural Glue 2                    | Tapioca Starch | Wood            | 340                   | Moderate hold          |
| Natural Glue 3                    | Gum Arabic     | Paper           | 370                   | Clear and flexible     |
| Natural Glue 3                    | Gum Arabic     | Cardboard       | 360                   | Slightly less tacky    |
| Natural Glue 3                    | Gum Arabic     | Wood            | 300                   | Weak adhesion          |
| Natural Glue 4                    | Egg White      | Paper           | 310                   | Transparent film       |
| Natural Glue 4                    | Egg White      | Cardboard       | 280                   | Peels slightly         |
| Natural Glue 4                    | Egg White      | Wood            | 250                   | Brittle after drying   |
| Commercial Glue                   | Synthetic Glue | Paper           | 490                   | Very strong bond       |
| Commercial Glue                   | Synthetic Glue | Cardboard       | 480                   | Strong and durable     |

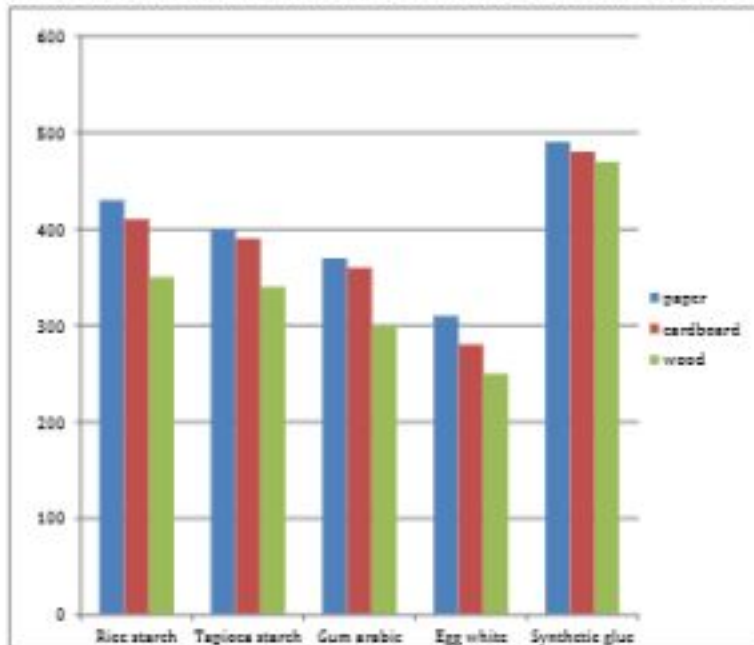
**GRAPH 3 :Adhesive strength by surface Type**



**Table :4 ADHESIVE STRENGTH COMPARISON ACROSS SURFACES**

| Surface applied        | Rice starch | Tapioca starch | Gum arabic | Egg white | Synthetic glue |
|------------------------|-------------|----------------|------------|-----------|----------------|
| Paper                  | 430         | 400            | 370        | 310       | 490            |
| Cardboard surface type | 410         | 390            | 360        | 280       | 480            |
| Wood                   | 350         | 340            | 300        | 250       | 470            |

**GRAPH :4 ADHESIVE STRENGTH COMPARISON ACROSS SURFACES**



# Collection of data - Photographs







# Results

Rice starch glue showed the strongest adhesion among natural glues.

Tapioca starch glue was slightly less strong but had a smooth, flexible bond.

Gum arabic produced a clear adhesive but required longer drying time.

Egg white glue dried quickly but became brittle, making it less effective.

Synthetic glue remained strongest across all surfaces, especially on wood.



# Discussion

The results support the hypothesis that natural glues—especially starch-based ones—show significant adhesive strength. Their performance was best on paper and cardboard, making them ideal for crafts, school work, and eco-friendly packaging.

However, on wood, natural glues performed weaker due to the porous nature of the surface, which synthetic glues are better designed to bond with.

Environmental conditions like slight variations in drying humidity may have caused minor differences between trials

# Conclusion

- The research confirmed that natural glues made from starch and gums are effective, non-toxic, and biodegradable. Among all samples, rice starch and tapioca starch glues showed the best overall adhesion, making them promising for school use and eco-friendly packaging.
- The results support the hypothesis and suggest that natural glues can reduce dependence on synthetic adhesives and help protect the environment.
- Future research can explore adding natural preservatives or cross-linking agents to improve durability.

# References

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